



“Blessed are the
curious
for they shall have
adventures.

Lovell Drachman

DAWG DAYS

GEORGE WALTON ACADEMY WINTER TERM

COURSE CATALOG 2023



FIRST BLOCK OPTIONS:

❖ **Title: Intro to Law Enforcement**

Course Description:

This course will be conducted by deputies from the Walton County Sheriff's Department. You will learn the basic laws, procedures and protocols used by the sheriff's department. This course will include a tour of the jail, K9 & SWAT demonstrations, along with training on conducting traffic stops, criminal interdiction, crime scene processing, detective interviews & more!

Cost: \$50

❖ **Title: TYJ (Thank You Jesus)**

Course Description:

You will explore how to live more confidently in the world as Christians. Creating an independent Bible study and examining scriptures, you will be better equipped to deal with problems related to peers, family, academics, work, sports, and finances. Learn strategies that will help empower you to be the person God designed you to be as you lean more on Him. A community service project will be required.

Cost: Free

❖ **Title: Winter Term Yearbook**

Course Description:

Have you ever thought about joining the yearbook staff? Try it out during winter term and see if yearbook is for you! Winter Term is also a great time for existing staff members to knock out much of the work that needs to be done on the yearbook. This is a great introduction to interviewing, journalistic writing, photography, and graphic design.

Cost: Free

❖ **Title: Japanese Language and Culture**

Course Description:

Ohayo Gosaimasu! Learn how to speak common conversational phrases in Japanese. This course also offers an introduction to writing in hiragana, katakana and kanji. Explore Japanese culture, including: Tea ceremonies, Shintoism, samurai, manga and anime. Ganbatte Kudasai!

Cost: \$35

❖ **Title: A Little "Bitte" German**

Course Description:

Bitten by the travel bug but stuck at home due to travel restrictions? Come and visit Deutschland as we explore the castles, legends, clothing, food, language, and customs of the German-speaking people. We'll taste homemade Nussecken and make our own Bavarian hats! It's all the fun of traveling from the comfort of your desk!

Cost: \$10

❖ **Title: Grimm and Grimmer – The Dark Side of Fairytales**

Course Description:

Einstein claimed that to be smart, one should read fairy tales - and to be really smart, one should read more fairy tales. We'll revisit the fairy tales of our childhood and look at their grim origins and consider how they continue to influence modern culture. We'll re-create a reading of these (less grim) tales with a lower school class and then make our own GWA fairy tales to reflect our values.

Cost: Free

❖ **Title: Know Your Rights**

Course Description:

Centering on the Universal Declaration of Human Rights adopted by the United Nations in 1948, this class will explore concepts of human rights, human rights violations, and human activism in modern world history. Students will learn how citizens come together to define, debate, and defend human rights in a variety of ways all around the world. Students will leave this class with a much stronger understanding of their own rights and the role of human rights in their everyday lives. This class will culminate in a trip to the Center for Civil and Human Rights in Atlanta.

Cost: \$20

❖ **Title: Art of the Super Short Story**

Course Description:

Do you like telling stories? Do you enjoy making art? This is a hands-on course that asks students to combine creative writing and mixed media art to write and illustrate a five-sentence story. Students will spend the first couple of days reading five-sentence stories and carefully crafting their own. The next week and a half will be spent turning the stories into books using mixed media art on pages that we will bind together ourselves. For the final project, students will create TikTok versions of their books for the Friday watch party.

Cost: \$15

❖ **Title: Film and Theater Costume Basics**

Course Description:

A crash course in the materials and techniques used for basic costume appliances seen on stage or film in this two-week intensive study! Student will learn to life-cast each other, design and sculpt basic facial prosthetics, molding and casting, and final application and blending with a photo shoot of their finished characters. ***Some experience with an art or theatre class and interest in theatre and film is strongly recommended but not required.***

Cost: \$200

❖ **Title: Teaching Insights – Elementary Education**

Course Description:

“Strong teachers don’t teach content: Google has content. Strong teaching connects learning in ways that inspire kids to learn more and strive for greatness.” – Eric Jensen This course is designed to help students discover if a future as a teacher might be the right choice. Do I want to be a teacher? Is teaching a good fit for me? What are some careers in education? We will spend time in classrooms both observing and working with our own GWA lower school students using activities that we have created. Students who are interested in teaching any age level or discipline will benefit from this course.

Cost: Free

❖ **Title: Brazilian Jiu Jitsu**

Course Description:

Brazilian Jiu Jitsu is a martial art that focuses on self-defense based on grappling, leverage, pressure, timing, and knowledge of human anatomy. It is also a combat sport focusing on submitting an opponent within the confines of the sport. This martial art teaches the individual to subdue an opponent, without dealing any damage. We will learn the basic principles of Brazilian Jiu Jitsu, proper defensive strategies, and basic submissions. This class requires the student to wear a dry fit t-shirt and shorts without any pockets.

Cost: Free

❖ **Title: Words on Paper: From Creative Thinking to Creative Writing**

Course Description:

Everyone has a story to tell. In this course, we will lay the foundation and begin the process of telling your story. We will have daily guided activities designed to take your idea and turn it into a narrative that communicates the story you want to share. We will also have daily writing sprints and will share our writing with each other in a workshop format. Students should come prepared to write and share with the group.

Cost: Free

❖ **Title: Civilization**

Course Description:

Do you harbor the desire to take over the world - starting from an ancient pre-writing civilization to developing an empire that spans the globe and into space? This is the course for you! In this winter term course, we will be using the hit video game Civilization to explore various cultures, time-periods, economics, religions, governments - and most importantly - strategy. Going against your classmates, who will be the greatest leader of all time? Will you be benevolent and try to win through culture or technology, or a tyrant who takes over the world with military force? Find out, learn, and have fun in Civilization!

Cost: \$60

❖ **Title: Sports Psychology**

Course Description:

The specific sub-branch of psychology that studies the mental side of sports has discovered, and developed, many techniques to improve athletic performance. These techniques apply to participation in any performance-based activity, such as sports, music, dance, etc. The techniques can also be used to improve your life. The class takes an applied approach because research shows that most high-school students are more interested in how to apply the techniques to improve their performance

Cost: Free

❖ **Title: Zebra Training – The Art of Officiating**

Course Description:

It's easy to spectate, it's much more difficult to officiate. From rules interpretation to mechanics and the application of rules, learn the art and philosophy of officiating sports like football, basketball, and baseball.

Cost: Free

SECOND BLOCK OPTIONS:

❖ **Title: Healthy Choices**

Course Description:

Are you interested in eating healthier? Do you like to play in the dirt? What habits should you develop—or possibly break—to be the best you? During the course, we will taste a variety of fruits and vegetables and examine the nutritional value of garden food. In addition, we will explore the belief that tiny changes will lead to remarkable results from James Clear's *Atomic Habits*. Bring your tennis shoes because we will be on the run! The course will require you to prepare a dish to share with the class.

Cost: \$20

❖ **Title: Intro to Ceramics**

Course Description:

This course introduces students to the basics of ceramics while focusing on the different methods of hand-built clay construction. Students will explore the nature of clay and glazes, handbuilding methods such as coil and slab building, decorative process, and glaze application. This course allows students to explore functional and sculptural art forms.

Cost: \$30

❖ **Title: Eye Heart Anatomy**

Course Description:

Participate in an introduction to the study of mammalian internal anatomy through dissection. You will learn vocabulary to describe the orientation of the body and be introduced to safe dissection practices. Then you will study three organ systems and complete three dissection investigations using preserved animal specimens.

"This class will de-liver!"

Cost: \$20

❖ **Title: Art of Silver Screen**

Course Description:

For all lovers of film, film history, and future filmmakers! Learn about the origins of filmmaking from the first camera and silent films to a quick study of the iconic genres that made the golden age of the silver screen. We'll make our own pinhole cameras, learn about framing scenes, camera angles, and the art of the perfect scene. We'll end by creating film excerpts imitating those iconic genres.

Cost: Free

❖ **Title: Teaching the Big Three of Athletic Performance: Bench, Squat, and Deadlift**

Course Description:

This is an introductory course that focuses on proper guidelines, principles, and techniques for teaching the "Big 3" exercises of Athletic Performance. This class will introduce the proper technique of the exercises as well as the progressions/regressions of various exercises that will assist in their development. Proper coaching cues, as well as safety and spotting techniques will be introduced for student safety. At the completion of this class, students should be able to perform all exercises correctly, be able to teach others how to perform the movements, understand which set/rep scheme needs to be used to improve specific energy system demands, and be able to design a week training program to improve the development of the "Big 3" movements.

Cost: Free

❖ **Title: History of Baseball**

Course Description:

In this course, students will analyze how America's pastime developed alongside of America. The course will use discussion and inquiry of baseball myths, legends, and folklore, legendary players and teams, baseball's cultural influence, and baseball's story to demonstrate how America's Pastime helps to tell America's story.

Cost: Free

❖ **Title: De-Stress Techniques**

Course Description:

Life is stressful. In "De-stress Your Mess", you will learn other de-stressing techniques besides crying in a closet. We will do a little yoga every day, balance our chakras with Tibetan bowls, journal our feelings, and get creative with rock painting and essential oils. Come learn how to handle like a boss what life throws at you!

Cost: \$40

❖ **Title: Managing Mischief: Exploring Harry Potter**

Course Description:

This course will explore the themes, ethics, and morality of the *Harry Potter* book series. Students must have read the second book in the series, *Harry Potter and the Chamber of Secrets*, before the course begins. Students must also be familiar with the other books either from having read the books (preferred) or having seen the movies. There will be spoilers for the other books discussed in class. Each student should have his or her own copy of the book in class.

Cost: Free

❖ **Title: Around the World**

Course Description:

Do you have the travel bug and like to eat or maybe you like to craft, too? Then sign up for this winter term class and travel across continents with your food palette and your crafting skills in tote. This class will take your taste buds on a wild ride... from naan bread to quesadillas, from fried rice to crepes, you will try your hands at making something genuine from various countries both for your belly's enjoyment and a small remembrance of cultural significance of your excursion.

Cost: \$50

❖ **Title: Intro to Public Speaking**

Course Description:

This course will help students develop their ability to write and present information orally in public settings with confidence. Students will learn components of a good speech and practice in front of peers.

Cost: Free

❖ **Title: How's Your Signature? – The Art of Calligraphy**

Course Description:

This course will introduce cursive formation of all 26 upper- and lower-case letters and provide instruction on connection, slant, and form. Then, we will transition to learning calligraphy as one of the most beautiful ways to write.

Cost: \$30

❖ **Title: Intro to Fly Fishing**

Course Description:

This course will help get your feet wet (pun intended) in the world of fly fishing. You will learn the basics of fly fishing which includes equipment, fish, technique, saltwater vs rivers vs lakes, and will culminate in hands-on practice and a fishing trip. Students will need to buy their equipment, which they get to keep, and have the physical ability and stamina to hike and cast for extended periods of time.

Cost: \$250-350 (Depending on equipment)

❖ **Title: Overcoming Bias Through Film**

Course Description:

This course will help students understand prejudice, bias, and overcoming obstacles. Four separate American classic films will provide students with real-life examples on the subject matter and provide a basis for their discussions with each other. Films used in this course will include Stand and Deliver, Good Will Hunting, Hidden Figures, and Moneyball.

Cost: Free

❖ **Title: The Adventure Awaits – Exploring the Great Outdoors (Double Block)**

Course Description:

Do you like walking? Up hills? In the freezing cold? And muscle soreness that won't quit? Then this is the course for you! Join us as we explore the great outdoors (of the greater Monroe area) by exploring a plethora of nature trails of varying difficulties. Additionally, we will explore a variety of methods of documenting adventures, learn proper trail safety, and the true dangers of the great outdoors. This course consists of five off-campus field trips to different hiking trails, including one full day trip to Tallulah Gorge and a half-day trip to Stone Mountain.

Disclaimer - You should be able to comfortably walk 3-5 miles and walk-up multiple flights of stairs to thrive in this course.

Cost: \$50

THIRD BLOCK OPTIONS:

❖ **Title: Critical Thinking and Number Theory using Cards**

Course Description:

This purpose of this course is to introduce critical-thinking skills and number theory principal that increase your chance to win in card & board games. We will be focusing on a few different games throughout the course and learn the critical-thinking skills that are used in games that are also applicable in other areas of life.

Cost: \$20

❖ **Title: Intro to Printmaking**

Course Description:

This course introduces students to the production of multiple images from a single design. Students will have the chance to explore the methods of relief printing using rubber and linoleum carving blocks. Each student will create their own design or image to carve out of these materials to transfer onto paper. The second half of the course will focus on the silk-screen printing process where students will choose the materials or products that they would like to personalize with their own designs.

Cost: \$45

❖ **Title: Science of Sourdough**

Course Description:

Learn the techniques and food science behind baking a loaf of bread with your own sourdough starter.

Cost: \$20

❖ **Title: Sweating Copper**

Course Description:

Natural gas and hot water are two important resources upon which we all depend. Come learn how to remove, replace, and repair the copper pipes that transport these materials. During this course, students learn how to solder copper pipes as well as cut and clean old joints. By the end of the class, students will also plan and create their own unique structure from copper pipes.

Cost: \$100

❖ **Title: Release Your Inner Nerd**

Course Description:

Students will work together to collectively create a unique set of cards for the multi-million dollar, world-wide collectible trading card game *Magic: the Gathering*. Using videos and articles from the head designer of *Magic* himself, students will work step by step to build their own playable set of *Magic* cards from the ground up. In doing so, students will engage in concepts of game design, philosophical thinking, creative thinking, project development, and project management. No previous knowledge of the game is required for this class.

Cost: Free

❖ **Title: Training after your Career**

Course Description:

In this course, students will complete a needs analysis, work on goal setting, time management, and complete nutrition education that will help to promote good physical and mental health for after your competing days are over. These strategies will help to create a healthy lifestyle into your adult years.

Cost: Free

❖ **Title: Oil Painting Intensive**

Course Description:

Learn materials and techniques of oil painting in this two-week intensive. Upon completion, students should have a working knowledge of materials and basic techniques for the art of oil painting. Students will complete two paintings, one a still-life study and the other a portrait of their choosing. ***Some experience or understanding of drawing and/or painting is highly recommended for this course.***

Cost: \$75

❖ **Title: Can you teach me to football? (For Girls)**

Course Description:

Who says girls don't understand football? This course designed for girls will examine the strategies of football as well as all the aspects that go into training for a football season. Students will understand offensive and defensive techniques and strategies as well as the role that strength training and nutrition play in the sport.

Cost: Free

❖ **Title: Create with Crochet**

Course Description:

This course will introduce students to the world of crochet! This course will include choosing thread, needles, and basic stitches for endless possibilities. We will be creating a cozy winter cap and scarf.

Cost: \$50

❖ **Title: Video Production**

Course Description:

Over the two-week period, students will learn the art of making compelling and quality videos. From storyboarding and filming, to capturing audio and editing, students will learn the specifics about each phase of the video production process. After the foundation is laid, students will have the opportunity to work hands-on with equipment in small groups to produce videos that promote GWA and themselves.

Cost: Free

❖ **Title: Geocaching 101**

Course Description:

Join the world's largest treasure hunt! Join this class and change your life! Geocaching is a world-wide scavenger hunt, with over three million active geocaches worldwide. Geocaches are hidden in 191 different countries on all seven continents (even Antarctica)! More than 642 million "Found it" and "Event Attended" logs have been recorded since the game started in 2000.

Cost: Free

❖ **Title: Billiards**

Course Description:

From basic pool table etiquette, to learning how to perform the perfect stop shot, billiards is a game of skill and community. In this winter term course, you will learn the rules of the game, the etiquette of the table and of course how to make shots, using physics and understanding of strategy. Compete with your classmates, and learn the skills needed to enjoy the game of pool for life.

Cost: \$150 (includes pool cue that you keep)

❖ **Title: Dinner for One – Dorm to Dwelling**

Course Description:

In this course, we'll cover the basics of dorm and apartment cooking using fun kitchen appliances including air fryers, instant pots, microwaves and griddles! We'll talk about balanced meals, versatile ingredients, and meal prep - and take a shopping trip each week to gather ingredients. Students will make mini-charcuterie boxes and even compete in a Grilled Cheese-Off! to try and win the coveted golden spatula!

Cost: \$50

❖ **Title: 201: A Local Odyssey**

Course Description:

In this course, students will investigate the history of Monroe, Ga. Students will journey through time and town to create a guidebook of local history. Students will work alongside each other and local officials to develop research and critical-thinking skills in order to produce a walking guide of historic Monroe.

Cost: Free