



“Blessed are the  
**curious**  
for they shall have  
**adventures.**

*Lovell Drachman*

# DAWGDAYS

GEORGE WALTON ACADEMY WINTER TERM

## COURSE CATALOG

2021



## 1<sup>st</sup> BLOCK OPTIONS

❖ **Title:** Cross Stitch (Double Block)

**Course Description:**

Cross stitch techniques will be taught and students will work on two projects – a small one (ornament sized) and a medium one (4x6 or 5x7 framed sized). They will finish the small one and begin working on the medium one before the class is over. They can finish at home if not in class. Students will choose from three small and three medium counted cross stitch kits.

**Cost:** \$40

❖ **Title:** Hitler and the Nazis in Hollywood Movies (Double Block)

**Course Description:**

In this double block class, students will examine how the history of Hitler and the Nazis has been told through popular Hollywood movies. Topics will include: Hitler's rise to power, the Holocaust, Hitler's downfall and suicide, the judgment of the Nazi war criminals, attempts to kill Hitler by fellow Germans, and satirical looks at Nazi Germany. Ultimately, students will wrestle with the question of how we as a society have remembered the Nazis and how movies in general shape our collective memory and understanding of the past. (Note: Due to the graphic and mature nature of some of these movies, a list will be sent home for parental approval that must be signed and returned in order to participate in the class.)

**Cost:** Free

❖ **Title:** Baseball as American History

**Course Description:**

The class will look at how the game of baseball developed alongside the United States of America, including how urbanization, the spread west, wars, folklore, and mass communication impacted both the growth of the game and the country.

**Cost:** Free

❖ **Title:** NotLanta

**Course Description:**

This course will encompass reading through the book "Notlanta - Georgia. Sports. Cursed?" and breaking down elements of the so-called Georgia sports curse chapter by chapter. It is a discussion-based course, where students will have daily readings and must engage themselves throughout each class period on events that have occurred on the local sports scene over the last forty years. Each class period will revolve around a different event(s), including circumstances, history, and video evidence surrounding those events. At the end of the course, students will be divided into two competing teams and will use the book (as well as any other material they would like to research and present themselves) as a platform to debate whether or not the curse is real and why.

**Cost:** \$15

❖ **Title:** Mini Quilting

**Course Description:**

Students will learn the basics of quilting and will complete three projects: a quilted leaf, a round quilted pillow, and a simple striped lap quilt. In addition to these individual projects, each student will complete a square that will become part of a larger 16-square quilt. The class will take a field trip to see a local long arm quilter, (if field trips are available).

**Cost:** \$100

❖ **Title:** Art of Calligraphy

**Course Description:**

In this class, students will learn the art of calligraphy. They will design and execute lettering with fountain pens and brushes. Students will perfect the art of giving form to words in an expressive, harmonious, and skillful manner.

**Cost:** \$50

❖ **Title:** Cyberpunk and Collaborative Storytelling

**Course Description:**

Students will learn how improvisation and collaborative storytelling can create exciting narratives and engaging experiences. Students will explore the dark future of the CyberPunk universe. This is the original setting that inspired classic movies like Bladerunner, the Terminator and the Matrix.

**Cost:** \$35

❖ **Title:** Life Skills

**Course Description:**

Why didn't I learn that in school? Now you can! Each day, students will learn from experts in their respective fields. Topics will include **basic finances:** planning/budgeting, **personal banking:** establishing and protecting credit/avoiding unnecessary debt, taxes, and more; **insurance:** understanding health, life, supplemental, home, car, rental, etc. The course will also cover **business topics** including how to apply/interview/follow up, professional behavior, conflict resolution, as well as other HR basics. Additionally, students will explore **personal topics** including setting/attaining goals, self-defense, know your rights, making doctor's appointments and learning one's family health history, and basic car maintenance.

**Cost:** Free

❖ **Title:** Bible: Beyond Veggie Tales

**Course Description:**

It is not that we all learned things incorrectly when we learned the Bible as children, but we certainly learned as children. And that means that we learned simply. The Bible is far more complex and interesting and at times perplexing and confusing than most of us give it credit. This class engages some of that confusion, looking to understand the text and context of the Word of God in a more subtle and, frankly, accurate way. We engage the perfect and true Word through the lenses of the history, philosophy, and culture of its origin.

**Cost:** Free

❖ **Title:** Paint Like an Impressionist Painter

**Course Description:** Students will stretch their own canvas and create their own finished masterpieces using the techniques from the Great Impressionists. The class will explore the techniques these painters used for composition, light, subject, and shadowing, etc. The works from Van Gogh and Cezanne will be explored to gain understanding of this important landmark period in art. Students will complete one major piece and host an opening in the Commons at the end of the year. Come and paint with no inhibition.

**Cost:** \$100

❖ **Title:** Tea Time

**Course Description:**

What makes tea one of the most widely-consumed beverages around the world? Find out in this course! We will have daily tea tastings and experience a large variety of types. We will also discuss the cultural significance of tea in the United States and in other countries. Students will leave with a teapot, cup and saucer, and an appreciation of a good cuppa!

**Cost:** \$45

❖ **Title:** Pasaporte Brasil!

**Course Description:**

Has COVID got you down? Do you miss traveling to new places, eating new food and seeing the colorful cultures of people around the world? Then grab your *pasaporte* and let's take an *avião* down to *Brasil!* In this introduction to Portuguese course, you will learn about the rainforest and its inhabitants, the foods and big cities of Brazil, a little bit of capoeira, as well as some conversational basics. Other topics include rainforest conservation and major world events hosted by Rio de Janeiro.

**Cost:** \$10

❖ **Title:** Illustration – Scratchboard

**Course Description:**

Students will experiment the scratchboard techniques and the ability to capture extremely detailed subject matter. Many students are familiar with the solid black scratchboard medium but starting with a completely white clay surface allows for a combination of additive and subtractive surface treatments. Materials included: three pieces of clayboard (2-4"x4", 1-9"x12") Pelikan drawing ink set of three bamboo brushes Set of three Micron Pens (01,03,05)

**Cost:** \$45

❖ **Title:** Art of Public Speaking

**Course Description:**

This course will help students develop their ability to write and present information orally in public settings with confidence. Students will learn components of a good speech and practice in front of peers.

**Cost:** Free

❖ **Title:** Generational Rift in Media

**Course Description:**

Millennials vs. Gen Z: Let's settle the generational warfare, once and for all, through a critical examination of the media and historical circumstances that helped define the generations, leading to the stereotypes and memes plastering your social media platform. We will spend the first couple of weeks exploring movies, TV, music, and significant historical happenings from the '90s-'00s. The last week, the class will be turned over to students to share the signifiers of their Gen Z generation. While this conflict could get heated, we can all seem to agree on the unifying power of *The Office*.

**Cost:** Free

❖ **Title:** The American Identity

**Course Description:**

The question "*What is an American?*" is deceptively simple. It asks us to consider both "Americanness" and how we actively define that concept in an attempt to make sense of the culture and national identity of the United States. This course is an exploration of values and traits that have been associated with U.S. citizenship and have come to characterize Americans in popular culture both within the US and within a global context.

**Cost:** Free

❖ **Title:** Intro to Healthcare

**Course Description:**

In this course, students will be introduced to the many opportunities within the healthcare field. Students will learn about job opportunities and the basics behind each one, while also learning and practicing basic healthcare skills including those that would be performed during wellness checks and sick visits.

**Cost:** Free

## 2<sup>nd</sup> BLOCK OPTIONS

❖ **Title:** Sports Management (Double Block)

**Course Description:**

Students will take on the role of team president and general manager of an NFL team. Students will need to manage all personnel and financial decisions to effectively run an NFL Franchise.

**Cost:** \$25

❖ **Title:** Once Upon a Rewrite

**Course Description:**

This is a hands-on course that asks students to combine research, creative writing, and mixed media art to rewrite and illustrate a classic fairy tale. Students will research and select a fairy tale from a wide array of world literature. In the first week, students will rewrite their stories, focusing on updating the tales to eliminate outdated stereotypes and reflect modern mores. We will complete peer editing and share our stories with the class to help perfect them. The following two weeks will be spent turning the stories into books using mixed media art on pages that we will bind together ourselves. For the final project, students will film one another reading their books so that the videos can be shared with our lower school students.

**Cost:** \$10

❖ **Title:** Babysitters Club

**Course Description:**

Babysitting is a great way for teenagers to earn money. But not all babysitters are equal! Want to be at the top of every family's list of babysitters? This class will train you to be the BEST babysitter around. You will learn how to take care of children from infants to pre-teens, including feeding, meal prep, bathing, games, safety and basic first aid. After successfully completing this course, we will advertise our Babysitters Club "graduates" to our GWA community.

**Cost:** \$25

❖ **Title:** Merchandise Design for Bands

**Course Description:**

Students will design a logo, album cover & merch set (t-shirts, posters, stickers, etc.) for their favorite band. They will draw their logos by hand, learn how to translate it to Vector in Adobe Illustrator and then use it for each deliverable. They'll have the option to use digital printing, screen printing and pin / sticker printing.

**Cost:** \$100

❖ **Title:** Knot Your Average Knitting

**Course Description:**

This course will expose students to finger knitting, arm knitting and needle knitting. Students will create a variety of projects; learn about yarn; execute different knitting techniques; and learn to read knitting patterns. We will also upcycle a t-shirt into yarn to create our own project.

**Cost:** \$50

❖ **Title:** A Little "Bitte" German

**Course Description:**

Bitten by the travel bug but stuck at home due to travel restrictions? Come and visit *Deutschland* as we explore the castles, legends, clothing, food, language and customs of the German speaking peoples. We'll taste homemade *Nussecken* and make our own Bavarian hats! It's all the fun of traveling from the comfort of your desk!

**Cost:** \$10

❖ **Title:** Growing Closer to God

**Course Description:**

In this course, students will explore how to live more confidently as Christians through strategies that will empower them to be the people God has designed.

**Cost:** Free

❖ **Title:** Self-Defense for Women

**Course Description:**

The purpose of this course is to teach tactics for empowerment-based self-defense. The course will begin with instruction in situational awareness and build to verbal and physical self-defense. This course is perfect for teen women who are driving alone, exercising alone outdoors or soon to be living alone on college campuses. Young women in this class will learn how being aware and verbally assertive can often lead to avoidance of physical contact. Lastly, we will conclude with physical self-defense tactics.

**Cost:** Free

❖ **Title:** DIY Interior Design

**Course Description:**

Are you ready to showcase your talent and aesthetic by designing trendy accent pieces for your dorm or bedroom? We will spend the next 3 weeks designing and crafting: a memo board, hanging macrame/boho accents, a feather lampshade, a coordinating pompom throw and rug and more. Don't miss out on bringing home your best DIY creations.

**Cost:** \$135

❖ **Title:** Literary Matchmaking Book Club

**Course Description:**

Inspired by The Modern Mrs. Darcy's podcast *What Should I Read Next?*, this course will provide students with the opportunity to find their next great book. This course is for all who enjoy reading (or used to enjoy reading) but are having trouble finding anything they want to read or the time to read. Students will share with Mrs. Page and fellow readers three books they love, three books they didn't, and what they've been reading lately. We'll create a list of two or three potential new books tailored to each student's taste. Students will be expected to choose one of the suggested books and read it during and after our class meetings. We'll have some time to read during class, but we'll also be discussing our books with each other in a book club format. Students will need a way to obtain the book quickly: library, bookstore, borrow, or download as an e-book.

**Cost:** Free

❖ **Title:** Meditation, Mindfulness, and Neuroscience

**Course Description:**

This course introduces you to methods for maximizing your brain's fitness through meditation, mindfulness, and proper sleep. We will discuss modern secular forms of meditation and how these relate to concepts related to modern neuroscience. The class will involve both the practical practice of seated meditation and the scholarly study of mindfulness practice.

**Cost:** \$70

❖ **Title:** SAT Math Prep

**Course Description:**

This course is designed to give math strategies and tips to help students perform to the best of their abilities on the SAT test. The instructors will review concepts previously taught and teach new concepts when time permits. The instructors will also help students familiarize their use of the Nspire calculator. The students will complete practice sets of multiple-choice questions throughout the course. An official practice test will be given at the end of the term. The instructors will go over the answers and give suggestions for all missed problems.

**Cost:** \$15

❖ **Title:** Japanese Language and Culture

**Course Description:**

Ohayo Gosaimasu! Learn how to speak common conversational phrases in Japanese. This course also offers an introduction to writing in hiragana, katakana and kanji. Explore Japanese culture including: Tea ceremonies, Shintoism, samurai, manga and anime. Ganbatte Kudasai!

**Cost: \$15.00**

❖ **Title:** Cool Craftin'

**Course Description:**

This course will teach students how to design & cut personalized items of their choice using a laptop, design software, vinyl, and a cutting machine. Students will create personalization for a water bottle, a t-shirt, and a wooden sign.

**Cost: \$15.00**

❖ **Title:** Intro to Web Design

**Course Description:**

Students taking the Web Design class will be introduced to the formatting language of HTML. This course will appeal to those students who would like a step-by-step description of the basics in the design of webpages and websites. By using the commands of the HTML language, students will be able to understand how web pages are formatted to be viewed as a web page. This programming language allows students to understand how the use of color, font, insertion of pictures and graphics and many more aspects, make the webpage visually appealing. Student laptops are the only piece of equipment needed to participate each day.

**Cost: Free**

❖ **Title:** Millionaire Next Door

**Course Description:**

Students will learn the general principles behind the basic business topics of finance, budgeting, and investing.

**Cost: Free**

❖ **Title:** Winter Term Jazz

**Course Description:**

Students will learn and participate in Jazz ensemble. Students will need to have some musical experience in order to fully participate.

**Cost: \$30**

## 3<sup>rd</sup> BLOCK OPTIONS

❖ **Title:** Etiquette for Young Adults (Double Block)

**Course Description:**

In this course, we will equip students with the leadership skills needed to not only handle a variety of social situations with poise and confidence, but to also be prepared for success in the global economy of the 21st century. In a similar vein as a Swiss finishing school, this course will provide teenagers the social skills they need to help them become confident and self-assured young adults, with the skill set to cope and excel in any social situation.

**Cost:** \$50

❖ **Title:** Trebuchet 101 (Double Block)

**Course Description:**

Learn how to build one of the most effective siege engines developed prior to the invention of gunpowder. A counterweight trebuchet is a battle machine used to deliver heavy payloads. We will be constructing trebuchets that meet the requirements for the competition to be held at our Renaissance Fair in March. Competitions based on accuracy and distance will be awarded prizes. Come get a head start on your design and launch your engineering skills into the 14<sup>th</sup> century.

**Cost:** \$20.00

❖ **Title:** Basic Woodworking (Double Block)

**Course Description:**

I know that it doesn't sound all that impressive. Bear with me. Also, the class is stupidly expensive. Let me explain. The price of the class includes a set of basic, quality hand tools that each student will own. Part of the class will be learning to sharpen and care for the tools that could quite easily be with you for the rest of your life. Having learned about tool use, care, and maintenance, we will then start by building a couple of necessary tools: a mallet, a sharpening strop, and an angle jig for sharpening. Then we will begin learning basic joinery in this order: half-lap joint, mortise-and-tenon, bridle, and finally, the dovetail joint. Yes. The dovetail. We will build small projects along the way using our new and well-maintained hand tools. Hopefully, we will finish by building a wooden tool box that will hold all of your new, well cared for tools.

**Cost:** \$300

❖ **Title:** SAT Math Prep

**Course Description:**

This course is designed to provide math strategies and tips to help students perform to the best of their abilities on the SAT test. The instructors will review concepts previously taught and teach new concepts as time permits. The instructors will also help students familiarize their use of the Nspire calculator. The students will complete practice sets of multiple-choice questions throughout the course. An official practice test will be given at the end of the term. The instructors will go over the answers and give suggestions for all missed problems.

**Cost:** \$15

❖ **Title:** Sur La Table

**Course Description:**

This course introduces students to the basic theories and methods for cooking. We will get hands-on and cover all the basics such as rules for handling knives, how to read and follow recipes, measuring and mixing and the importance of kitchen safety. Teens will build on skills throughout the week and on. They will create an impressive menu of restaurant-style dishes.

**Cost:** \$60

- ❖ **Title:** Shark Tank  
**Course Description:**  
This course provides an introduction to marketing. Students will choose a product to market to their classmates and will learn the marketing basics in order to "sell" their product to their classmates.  
**Cost:** Free
  
- ❖ **Title:** Dinner For One  
**Course Description:**  
In this course, we'll cover the basics of dorm and apartment cooking using fun kitchen appliances including Crockpots, instant pots, microwaves and griddles! We'll talk about balanced meals, versatile ingredients, and meal prep and take a shopping trip each week to gather ingredients. Students will even compete in a *Grilled Cheese-Off!* to try and win the coveted golden spatula!  
**Cost:** \$15
  
- ❖ **Title:** Food Science  
**Course Description:**  
Come use science to explore the food we eat! In addition to tasting delicious food, we will use experiments to answer important questions such as: *How important are sight and smell to taste? Which juice is most acidic? Is carbonated sweet tea as good as it sounds? Does fat or sugar have more calories? ...and much more!*  
**Cost:** \$25
  
- ❖ **Title:** Piano in Three Weeks  
**Course Description:**  
Ever wanted to learn to play an instrument but don't have time? Learn the basics of how to play the piano in three short weeks. Students will learn the basics of playing the piano, how to play chords, and how to play some of their favorite songs  
**Cost:** Free
  
- ❖ **Title:** Can you teach me to Football? (For Girls)  
**Course Description:**  
Who says girls don't understand football? This course designed for girls will examine the strategies of football as well as all of the aspects that go into training for a football season. Students will understand offensive and defensive techniques and strategies as well as the role that strength training and nutrition play in the sport.  
**Cost:** Free
  
- ❖ **Title:** Exploring Science Through Art  
**Course Description:**  
Come have fun and be free to explore your creative abilities using subjects from the natural world. We will dive deeper into understanding life forms and their distinguishing and unique characteristics. We will research the fascinating world of nature beyond the limits of human vision. Students will choose multiple subjects to draw from observation to heighten their awareness of detail. A variety of drawing techniques, tools, and scientific equipment will be utilized in this class. The finished illustrations will be displayed following our study in the Science Department.  
**Cost:** \$35

❖ **Title:** Music Video Production

**Course Description:**

Students will learn the basics of music video production including story boarding, basic choreography, editing and production techniques.

**Cost:** Free

❖ **Title:** Journaling for Self-Discovery

**Course Description:**

A journal differs from a diary. One of the most important reasons to journal is to learn more about ourselves. In addition, the journal will improve emotional well-being, increase creativity, provide support during chaos, evaluate dreams, and develop one's career. We will make the actual paper for a page or two of the journal. Bring walking shoes because we will go outside some of the time.

**Cost:** Free

❖ **Title:** The Romantic Comedy

**Course Description:**

Ice cream? A blanket? Tears at a predictable ending? If this setting feels familiar, examine the Romantic Comedy through an intelligent and critical lens. We will identify the traditional structure of the modern romantic comedy, look back at some of Hollywood's most memorable offerings in the genre, and identify the modern classics to find out exactly how Greek and Elizabethan Theatre birthed the movies that people love to cuddle up to today. With all of this new knowledge, each student will write an outline and complete a fantasy casting of their very own romantic comedy.

**Cost:** Free

❖ **Title:** Fairy Tales for Contemporary Readers

**Course Description:**

Students will have a chance to revisit the fairy tales of their childhood and experience some they may never have read. We will explore the cultural origins and meanings behind these children's stories and consider how they continue to influence our modern culture. We'll learn why Einstein believed, "If you want your children to be intelligent, read them fairy tales. If you want them to be more intelligent, read them more fairy tales."

**Cost:** Free

❖ **Title:** Deep Dive in Disney

**Course Description:**

Disney completely reshaped how we see NYC and Broadway - and has produced 5 of the top 25 highest-grossing musicals. Learn how Disney broke into the world of theater and how it helped reimagine the world of theater.

**Cost:** \$45

❖ **Title:** Intro to Public History

**Course Description:**

This course provides an exploration of how history is relevant in the modern world via modules on museology, library science, archival science, the National Park Service, and the historic preservation movement. It is based on secondary sources.

**Cost:** Free

## 4<sup>th</sup> BLOCK OPTIONS

❖ **Title:** Sports Marketing

**Course Description:**

Students will own a fictional basketball team (will implement fantasy basketball) and will be responsible for managing all aspects of the team. Through managing the team, they will learn the marketing basics.

**Cost:** Free

❖ **Title:** You Got This! (A stress-free class)

**Course Description:**

Take control of your life with stress management techniques to help even the most stressed out person! This class will allow you to take a “breather” between semesters and relax. We will explore different ways to slow your body and mind through journaling, coloring, and even using essential oils. We will also look at the psychology behind how all these techniques work to calm your body. Each student will do a self-report on how each technique works for him or her. It’s important to have your mind in the right state because, remember, what consumes your mind, controls your life.

**Cost:** \$15.00

❖ **Title:** Cyber Security and Ethical Hacking

**Course Description:**

This class demonstrates the ethical use of various "white hat" cyber penetration-testing tools and techniques consistent with ethical hacking training. Network tools and techniques take place in an enclosed "sandbox" environment. Students are exposed to various computer-hacking skills and analyze various protective measures and their effectiveness.

**Cost:** Free

❖ **Title:** Coach Harris’ Yoga (Boys)

**Course Description:**

Students will increase their knowledge of yoga sequences while also learning the terminology that is associated with this practice. Another important aspect of practicing yoga is the cleansing of the mind and the breathing techniques associated with the movements. The connection of mind and body is important when deciding to attempt a yoga practice. Ashtanga Yoga can be the first step in a life-long process of mind and body improvements. Ashtanga Yoga is a dynamic, physically demanding practice that helps synchronizes breathing and movement techniques to produce an internal heat designed to purify the body. This form of yoga, with its many vinyasas, is great for building core strength, improving overall balance, increasing flexibility and toning the body.

**Cost:** Free

❖ **Title:** Downward Dawgs – A Bulldawgs Intro to Yoga (Girls Only)

**Course Description:**

In this course, students will learn how to connect with their minds with their bodies to self-observe. They will perform basic yoga poses to help with energy, stress relief, or sleep. Using the beginner kit, the students will learn basic yoga poses on and off the mat, and with blocks to help with balance. Students will be required to wear exercise attire, or they will not be allowed to participate.

**Cost:** \$23.00

❖ **Title:** Winter Term Yearbook

**Course Description:**

Have you ever thought about joining the yearbook staff? Try it out during winter term and see if yearbook is for you! Winter Term is also great time for existing staff members to knock out much of the work that needs to be done on the yearbook. This is a great introduction to interviewing, journalistic writing, photography and graphic design.

**Cost:** Free

❖ **Title:** Go for Gold(en) Years: Promoting Mental Fitness

**Course Description:**

Ever wonder what you can do to keep your mind healthy? Can you boost your brain power with lifestyle changes? Can you make conscious choices now to promote better brain health for the future? Join this class and find out! We'll study the connection between physical and mental health through articles and discussions. We will also conduct a course-long experiment using ourselves as the subject. We will journal our journey to mental health and endurance, engaging in a variety of activities (both indoor and outdoor).

**Cost:** \$50

❖ **Title:** Running Club

**Course Description:**

Are you interested in keeping in shape through the winter months? Do you want to build your endurance in preparation for spring sports? Join the running club for a laid back, encouraging class to improve your stamina, pace, or just figure out how to get the most out of your cardio exercise. The class will focus on the "club" aspect of walking or running with an effort to find others that match your pace and exercise goals.

**Cost:** Free

❖ **Title:** International Human Rights

**Course Description:**

Students will learn about the history of international human rights beginning with the Universal Declaration of Human Rights adopted by the United Nations in 1948. Students will dive into current human rights issues around the world today and examine how global communities of citizens come together to define and defend human rights.

**Cost:** Free

❖ **Title:** Becoming One with Nature

**Course Description:**

Do you like to play in the dirt? Are you interested in eating healthier? Join us as we use the square-foot gardening approach and grow some veggies. During the course, we will taste a variety of fruits and vegetables and explore the nutritional value of garden food.

**Cost:** \$20

❖ **Title:** Engineering Design Challenge

**Course Description:**

Learn to think critically and improve your problem-solving, communication and teamwork skills. This course begins with an introduction to the engineering design process. We will then take this knowledge and apply it to real-world challenges. Learn all about the engineering process as we identify a challenge, brainstorm a solution, build a prototype to address the challenge, improve upon that prototype, and then test it. The class will culminate with a team competition in which groups will put their own design-builds to the test.

**Cost:** \$10

❖ **Title:** Taming the World we Fear: Fantasy Fiction Book Club

**Course Description:**

In this course, we will be exploring a distinctively modern phenomenon: the rise of the fantasy novel. In book club format, we will explore the correlation between the fantasy genre and the challenges of the modern period. How does fantasy recast or reshape modern threats? How does it comment on or critique what our world has become? What warnings does it issue? What truths about our very real world can we find in the fantastical worlds? Students will be allowed to choose their own fantasy novel, either from a provided list or a fantasy novel of their own choosing with permission. Students will be expected to read during and after class meetings. While we'll have some time to read during class, we'll also be discussing our books with each other in a book club format. Students will need a way to obtain the book quickly: library, bookstore, borrow, or download as an e-book.

**Cost:** Free

❖ **Title:** Civil Rights and Liberties

**Course Description:**

This course will be an in-depth study of Amendments 1, 2, 4, 5, 14 and the significant SCOTUS cases related to them - seeking to understand how our civil rights and liberties have changed over time.

**Cost:** Free

❖ **Title:** Mobility and Strength – Cross Functional Fitness

**Course Description:**

Many of us have developed dysfunctional movement patterns that limit our strength and mobility. But these patterns can be corrected. There are many techniques that can help improve performance (ie, speed, power, endurance, and strength), while also minimizing the likelihood of injury. Whether you are a student athlete or only focused on your studies, this class can help you become more flexible and strong. We will go through techniques including push-ups, pull-ups, jump rope techniques, foam rolling, banding, proper running, etc.

**Cost:** \$50

❖ **Title:** Vertebrate Diversity Through Dissection

**Course Description:**

Participate in an introduction to the study of vertebrate comparative anatomy through dissection. You will learn vocabulary to describe the organ systems of the body and be introduced to safe dissection practices. Then you will study three organisms from the vertebrate tree of life and complete three dissection investigations of preserved specimens.

**Cost:** \$23